



Walks with Pub Pit-stops!



Nigel Close (owner of Howgills Accommodation) has lived in Sedbergh his entire life and provides his recommendations for walks with a 'pub pit stop!'

Some great walks in the area. Dent is 5 miles away by car but a walk route will take you over the fells and into the Dale and village, where there are 2 pubs (George & Dragon and The Sun Inn). Then after lunch, walk back down the Dent valley and into Sedbergh. That's an easy 10 miles.

The longer one takes you over Middleton Fell (called around the Ring) and drops down into Barbon where a great atmospheric Inn awaits at The Barbon Inn. That would be a little further and maybe 15-16 miles but a great walk and views, and then walk back up the Lune valley 'back lanes' into Sedbergh where you can again enjoy another couple at the Dalesman before returning to the Apartments.

The other (and maybe requiring dropping off some ale prior as The Cross Keys on route, is a Temperance Inn and doesn't serve ale), would be a walk over the Howgills fells dropping down by Cautley Spout (highest waterfall in England). Having a pre ordered 'ham n eggs' before walking back along the valley bottom back to the Apartments. This used to take me about 3 hours at a good pace (without stopping off at the Cross Keys)

Maps and walking guides can be bought at the Sleepy Elephant or the Tourist Information Centre, both along the main high street.

For more walks please see our website: <http://www.howgillsaccommodation.co.uk/about-us/the-howgills/>